

# Newsletter



No.4 Autumn 2024

## 'Zones of Regulation'

We are excited to announce that we will be introducing the Zones of Regulation to our pupils as a valuable tool for managing and exploring their emotions. This approach helps children recognise how they feel and the impact of those feelings on their ability to learn and engage.

The Zones of Regulation consists of four colour-coded zones: green, yellow, red, and blue. The green zone represents the optimal state for learning, characterised by calmness and focus. We will be looking closely at each zone, discussing the emotions associated with them, and exploring strategies for self-regulation.

We encourage you to support this initiative at home. For more information and ideas on how to explore the Zones of Regulation further, please visit the following website:

https://zonesofregulation.com/what-are-the-four-zones-of-regulation/. Thank you for your continued support in fostering emotional awareness and self-regulation in our children.

#### 500 Word Competition

The BBC 500 Words competition is a brilliant opportunity for children aged 5 to 11 years to tap into their creativity and craft a fiction story of their choice, with a limit of 500 words. This exciting contest encourages young writers to express their imagination and have fun while developing their writing skills. We are encouraging the children to enter and to share their stories with the world! If they make it to the finals, they will get the chance to attend the ceremony at Buckingham Palace. For more information, check out the official website or have a chat with Miss Cartwright. https://www.bbc.co.uk/teach/500-words

Our Core Value for this half term is



to be ambitious

Our Christian value for this half term is

courage

Thursday 24th October

School photos –for individual and siblings

#### **Uniform Labelling**

Please can parents write children's names on their uniform so we can reunite them with their owners © We have many lost items!



#### **Royal George**

The Royal George is now under new management! The new owners would like to confirm that we are more than happy for parents to use our car park for morning drop off and afternoon pick up. This is at your own risk and please be mindful of possible deliveries so please park sensibly and up to the hedge and within marked spaces to maximise space. We would also like to announce that we will be doing a Halloween party for parents and children of the School on Friday 25th October from 5.30-6.30pm FANCY DRESS! This will be in the restaurant end of the pub and some parents will be organising some Halloween games/activities.. We look forward to welcoming everyone.

## High School Application Forms for Year 6

We wanted to make parents aware that the deadline for applications for secondary school is Thursday 31<sup>st</sup> October - parents have been emailed a letter from Suffolk County Council with instructions of how to apply online.

## A note from the governors

We hope the children are now settled into school and are enjoying their learning as they take part in school assemblies, sports activities, and reading and writing competitions. It is great to see the children build confidence and develop life skills as they engage in these activities. As governors we have vacancies for a Parent Governor and a Co-opted Governor. If you are interested in these vacancies, or want to know more about the work of the governing body, please get in touch with me at admin@barningham.suffolk.sch.uk . Julie Surridge, Chair of Governors"

## Key Dates for your diary

Monday 14<sup>th</sup> October: Recycle & Reuse Week (Future World Council have plans ☺ )

Monday 14<sup>th</sup> October: SEWA Day (Learning Council have plans)

Thursday 24<sup>th</sup> October: School Photographer individuals and siblings

Friday 25th October: Black History Month Assembly (all parents welcome) at 9am

Week Ending Friday 25th October: Pumpkin Carving Competition (Friends)

Friday 25th October: Last day at school before October Half Term

Thursday 31st October: Deadline for Secondary School Applications for Year 6 children

Monday 4<sup>th</sup> November: PD Day (School Closed for Training)

Tuesday 5<sup>th</sup> November: Children return to school



#### **House Points**

Points this week:

Nightingale House: 286 Attenborough House: 238 Einstein House: 269

Total Points so far

Nightingale House: 836 Attenborough House: 694 Einstein House: 793

#### **Attendance Race**

This Week:

1<sup>st</sup> Place: Rabbits & Squirrel Class 2<sup>nd</sup> Place: Owl Class 3<sup>rd</sup> Place: Badger Class

Total points so far this half term:

Rabbits & Squirrels: 8 points Badgers: 8 points Owls: 8 points

#### Clubs and Extended Day Provision

We run a great **Breakfast Club**, which opens at 7.45 every morning and costs just £5 per session, payable when you drop off please or via the SchoolMoney app.

We run an **After School Club** which is open for five nights a week until 5pm and it is £7 a session. We mix this with sports clubs to keep children active! Please book in advance via the link emailed from Premier.

#### Website, Twitter & Tapestry

We have lots of ways to keep parents up to date with information about what is happening in school. Whilst we await all the parent forms giving permissions for various platforms, some of these may not yet be updated. You can find out more in the following ways:

Website: www.barningham.suffolk.sch.uk

Twitter: https://twitter.com/BarninghamCEVCP (more recently changed to 'X')

You can follow us on @BarninghamCEVCP. If you can 'like' or 'retweet' our tweets, it helps to get

the school some positive attention. Our Class Pages can be found here:

@BCEVCPOwls <a href="https://mobile.twitter.com/BCEVCPOwls">https://mobile.twitter.com/BCEVCPOwls</a>

@BCEVCPBadgers https://mobile.twitter.com/bcevcpbadgers

@BCEVCPSquirrels https://mobile.twitter.com/BCEVCPSquirrels

@BCEVCPRabbits <a href="https://mobile.twitter.com/bcevcprabbits">https://mobile.twitter.com/bcevcprabbits</a>

**Tapestry:** This is for Reception & Nursery parents only.