

Getting to School

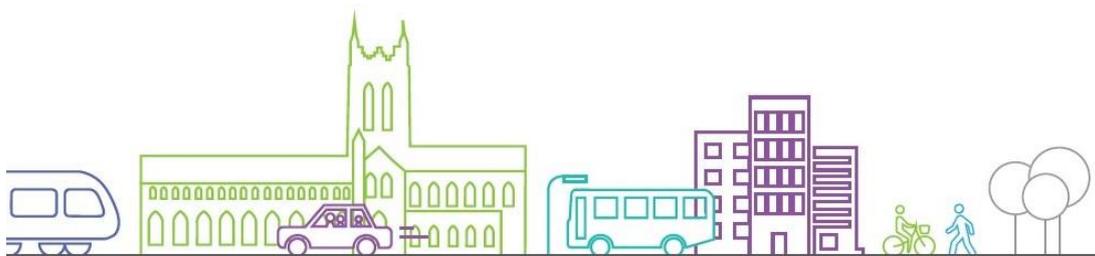
Lots of families have been cycling and walking around Suffolk to stay active during lockdown. We want to help you to continue this once schools return by choosing to walk, scoot or cycle on the school run as much as possible. We are committed to ensuring that all students can safely return to school and how they get to school is part of this.

The Government is encouraging students to choose active travel as their first choice, especially if they live less than 2 miles* from their school.

Choosing to walk, scoot or cycle to school is a great way to save money and improve their health. Fewer cars in and around schools also help to improve the air and let children develop their own thoughts about the best ways to get around as they grow up.

Even if you can make the change a couple of days a week, it will make a big difference. There's no fun getting stuck in a queue of traffic first thing in the morning!

* 2 miles is approximately a 10 – 15 minute bike ride



Helping you choose



Plan your walk, scoot or bike ride to school before school starts, work out how long it will take you and familiarise yourself with the route, including crossings and which entrance to school is best. Google maps is useful, keep an eye out for shortcuts such as public footpaths too which don't always appear on Google.

If you plan to cycle, make sure you have a lock, helmet, working bike lights and a waterproof in case it rains.



Check bikes are ready for the road – <https://www.sustrans.org.uk/our-blog/get-active/2019/everyday-walking-and-cycling/the-m-check-for-your-bike-in-11-steps>

Visit <https://bikeability.org.uk/cycle-more/family-cycling/essential-cycling-skills-for-families/> to refresh cycling skills

Check if we have a cycle map for your area, they are free to download and print off <https://www.suffolkonboard.com/cycle/>



Could you use one of new temporary routes for active travel <https://www.suffolk.gov.uk/coronavirus-covid-19/active-travel-improvements-for-cycling-and-walking/>



If you still have to drive to school, park a 5 minute walk away to help keep the school entrance clear of traffic



Sign up for a free family cycling session with Suffolk RoadSafe <http://suffolkroadsafe.com/family-cycling-sessions>



If using school or public transport, check the latest guidance <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers> and check the routes and timetables at <https://www.suffolkonboard.com/buses/>

Visit <https://www.suffolk.gov.uk/coronavirus-covid-19/> for further advice and information about travelling to school