

Barningham CEVC Primary School ~ PSHE Long Term Plan

Year A

	Autumn	Spring	Summer
Core Theme	Health and Wellbeing	Living In The Wider World	Relationships
Topics	Keeping Safe Growing and Changing Healthy Lifestyles	Rights and Responsibilities Money Taking Care of the Environment	Feelings and Emotions Healthy Relationships Valuing Difference
KS1	<p>Healthy lifestyles; health, wellbeing, healthy eating, physical activity, sleep, dental health, likes, dislikes, choices, feelings, managing feelings, hygiene, cleanliness, germs.</p> <p>Growing &amp; Changing; achievements, strengths, goals, target-setting, change, loss, growing, changing, young to old, independence, correct terminology, body parts, external genitalia.</p> <p>Keeping Safe; medicines, household products, safety, risk, road, water rail, fire, online, rules, asking for help, privacy, respecting privacy.</p>	<p>Rights &amp; Responsibilities; classroom rules, rights, responsibilities, needs, groups, communities, roles, everybody, individual, unique, special, people, similarities, commonalities, community, special people, help, emergencies.</p> <p>Taking Care of the Environment; environment.</p> <p>Money; money, spending, saving, safety.</p>	<p>Feeling &amp; Emotions; communicating, feelings, empathy, behaviour, un/fair, right/wrong, bodies, hurt, comfortable, teasing, bullying.</p> <p>Healthy Relationships; secrets, surprises, safety, cooperating, resolving arguments, special people, caring, physical contact, touch, un/acceptable.</p> <p>Valuing Differences; sharing, discussion, views, opinions, people, similarities, differences.</p>
LKS2	<p>balanced lifestyles, choices, health, wellbeing, balanced diet, food, influences, media, images, reality/fantasy, true/false, bacteria, viruses, hygiene routines, habits, drugs, alcohol, tobacco, medicines, caffeine.</p>	<p>Discussion, debate, topical issues, problems, events, rules, laws, human rights, children's rights, antisocial behaviour, aggression, bullying, discrimination, rights, duties, home school environment, resolving differences, points of view, decisions, choices,</p>	<p>Feelings, empathy, recognising others feelings, confidentiality, secrets, surprises, personal safety, dares, challenges</p> <p>Friendships, families, couples, positive relationships, actions, behaviour, consequences,</p>

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	<p>Achievements, aspirations, goals, strengths target-setting, conflicting emotions, feelings, change, transitions, loss, separation, divorce, bereavement, puberty, physical and emotional changes</p> <p>Advice, support, asking for help, safety, online, personal information, passwords, images, safety, roads, cycle, rail, water fire, emergency aid, help, safety, rules, pressure, managing pressure, influences, media, peer risk, danger, hazard, responsibility, safety</p>	<p>communities, volunteers, pressure groups, health, wellbeing, people difference, diversity, identity, UK, people, places, values, customs, media, social media, information, forwarding</p> <p>Money, spending, saving, budgeting, interest, loan, tax, debt, enterprise, entrepreneurs</p> <p>Resources, sustainability, economics, choices, environment</p>	<p>physical contact, touch, acceptable, unacceptable, collaborative working, shared goals, disputes, conflict, feedback, support, negotiation, compromise, privacy, sharing, personal boundaries</p> <p>Listening, viewpoints, opinions, respect, people, identity, similarities, differences, equality, bullying, discrimination, aggressive behaviour, stereotypes</p>
<p>UKS2 Key Words</p>	<p>balanced lifestyles, choices, health, wellbeing, media, images, reality/fantasy, true/false, conflicting emotions, feelings, managing feelings, risk, danger, hazard, responsibility, safety, puberty, physical and emotional changes, human reproduction, babies, sexual intercourse, pregnancy, contraception, parents/ carers, roads, cycle, rail, water, fire, advice, support, asking for help, mobile phones, responsibility, safe use</p>	<p>discussion, debate, topical issues, problems, events, human rights, children's rights, rights, duties, home, school, environment, communities, volunteers, pressure groups, people, difference, diversity, identity, UK, money, spending, saving, budgeting, resources, sustainability, economics, choices, environment, media, social media, information, forwarding</p>	<p>feelings, empathy, recognising others' feelings, committed loving relationships, civil partnerships, marriage, confidentiality, secrets, surprises, personal safety, listening, viewpoints, opinions, respect, disputes, conflict, feedback, support, negotiation, compromise, bullying, discrimination, aggressive behaviour, privacy, sharing, personal boundaries</p>

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Year B

	Autumn	Spring	Summer
Core Theme	Health and Wellbeing	Living In The Wider World	Relationships
Topics	Keeping Safe Growing and Changing Healthy Lifestyles	Rights and Responsibilities Money Taking Care of the Environment	Feelings and Emotions Healthy Relationships Valuing Difference
KS1			
LKS2	<p>balanced lifestyles, choices, health, wellbeing, balanced diet, food, influences, media, images, reality/fantasy, true/false, bacteria, viruses, hygiene routines, habits, drugs, alcohol, tobacco, medicines, caffeine.</p> <p>Achievements, aspirations, goals, strengths target-setting, conflicting emotions, feelings, change, transitions, loss, separation, divorce, bereavement, puberty, physical and emotional changes</p> <p>Advice, support, asking for help, safety, online, personal information, passwords, images, safety, roads, cycle, rail, water fire, emergency aid, help, safety, rules, pressure, managing pressure, influences, media, peer risk, danger, hazard, responsibility, safety</p>	<p>Discussion, debate, topical issues, problems, events, rules, laws, human rights, children's rights, antisocial behaviour, aggression, bullying, discrimination, rights, duties, home school environment, resolving differences, points of view, decisions, choices, communities, volunteers, pressure groups, health, wellbeing, people difference, diversity, identity, UK, people, places, values, customs, media, social media, information, forwarding</p> <p>Money, spending, saving, budgeting, interest, loan, tax, debt, enterprise, entrepreneurs</p> <p>Resources, sustainability, economics, choices, environment</p>	<p>Feelings, empathy, recognising others feelings, confidentiality, secrets, surprises, personal safety, dares, challenges</p> <p>Friendships, families, couples, positive relationships, actions, behaviour, consequences, physical contact, touch, acceptable, unacceptable, collaborative working, shared goals, disputes, conflict, feedback, support, negotiation, compromise, privacy, sharing, personal boundaries</p> <p>Listening, viewpoints, opinions, respect, people, identity, similarities, differences, equality, bullying, discrimination, aggressive behaviour, stereotypes</p>

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<p>UKS2 Key Words</p>	<p>balanced diet, choices, food, influences, achievements, aspirations, goals, strengths, target-setting, change, transitions, loss, separation, divorce, bereavement, habits, drugs, alcohol, tobacco, medicines, caffeine, bodies, safety, abuse, online, personal information, passwords, images,</p>	<p>rules, laws, making and changing rules, anti-social behaviour, aggression, bullying, discrimination, resolving differences, points of view, decisions, choices, people, places, values, customs, money, interest, loan, tax, debt, enterprise, entrepreneurs,</p>	<p>friendships, families, couples, positive relationships, unhealthy relationships, pressure, forced marriage, actions, behaviour, consequences, physical contact, touch, acceptable, unacceptable, collaborative working, shared goals, people, equality, identify, stereotypes, discrimination, dares, challenges</p>
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